



Onsite Spa SERVICES

Spa Service	Appointment Length	Fee
Massage Therapy	60 minutes	\$85
	90 minutes	\$120
Thai Yoga Massage	60 minutes	\$85
Hot Stone Massage	75 minutes	\$120
Body Polish	75 minutes	\$120
“Over-Indulge”	120 minutes	\$200
Massage Therapy Workshop	120 minutes	\$150
Lymphatic Drainage Massage	30 minutes	\$50
Scalp Massage	30 minutes	\$50
Thai Foot Massage	45 minutes	\$60
Facial	60 minutes	\$80
Hot Stone Facial	75 minutes	\$110
Manicure	45 minutes	\$50
Pedicure	60 minutes	\$60
Private/Partner Yoga Class	60 minutes	\$40

RECEIPTS PROVIDED FOR INSURANCE PURPOSES. SOME RESTRICTIONS APPLY. RATES SUBJECT TO CHANGE.

■ **Massage Therapy:** Feel the therapeutic effects and enjoy the relaxation as your body releases toxins and tension. This is an intuitive integration of conventional massage techniques including craniosacral therapy, reiki and myofascial (deep tissue) work.

■ **Thai Yoga Massage:** Bring your yoga wear for this dynamic treatment where assisted yoga stretches combined with shiatsu pressure point work will untie your ‘knots’ and leave you feeling energized, well-balanced and a little taller.

■ **Hot Stone Massage:** Experience our most relaxing treatment as the heat and energy from smooth Basalt stones, incorporated into the massage, heat your core, melt away tension and leave you with a warm euphoric glow.

■ **Body Polish:** A full body exfoliation treatment using organic, essential oil-infused sea salt, followed by a full body hydrating massage to restore a healthy glow to the skin.

■ **“Over-Indulge” Massage:** The ultimate in self-indulgence, this two-hour treatment combines a sea salt body polish with our popular hot stone massage.

■ **Massage Therapy Workshop:** Massage is a wonderful way for couples to support one another through a loving educated touch. You and your partner will learn how to give each other the perfect therapeutic massage from our onsite professional massage therapist.

■ **Lymphatic Drainage Massage:** Gentle massage on the face, neck and shoulders designed to improve the functionality of the lymphatic system.

■ **Scalp Massage:** A deep massage using aromatic oils designed to condition the scalp and release stress and tension.

■ **Thai Foot Massage:** Application of finger-point pressure to reflex zones on the feet is used to improve circulation, relaxation and energy flow throughout the body.

■ **Facial:** A relaxing facial treatment using organic creams and moisturizers.

■ **Hot Stone Facial:** Indulge in this 75-minute treatment combining our popular facial with the warm, calming benefits of hot stone massage.

■ **Private/Partner Yoga Class:** 60 minute hatha yoga class (all levels) led by Scott Miller, R. Y.T.

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